

**Referral line for all locations
1-888-304-HOPE (4673)**

Androscoggin County

1155 Lisbon St.
PO Box 2008
Lewiston, ME 04241-2008
1-800-787-1155/(207)783-9141

Crisis Services

230 Bartlett St.
Lewiston, ME 04240
1-800-550-3427/(207)783-4695

THRIVE-System of Care

124 Canal St.
Lewiston, ME 04240
1-877-784-4705/(207)782-5783

Franklin County

144 High St., Suite 1
Farmington, ME 04938
1-800-559-3556/(207)778-3556

Cumberland County

32 No. High St./PO Box 170
Bridgton, ME 04009
1-800-286-5629/(207)647-5629

North Windham

744 Roosevelt Trail
North Windham, ME 04062
(207)892-4623

Oxford County

143 Pottle Rd.
Oxford, ME 04270
1-800-750-7911/(207)743-7911

49 Congress St.
Rumford, ME 04276
1-800-371-7981/(207)364-7981

Our Mission

TCMHS is committed to providing the people of Maine with excellence in mental health, substance abuse, habilitation and life skills services, respecting consumer rights, personal dignity and maintaining agency financial stability.

Tri-County Mental Health Services endorses Recovery Based Trauma Informed services, which recognizes two common themes for consumers of this agency: that violence and the resulting trauma are pervasive and should be acknowledged; and there is hope in Recovery.

www.tcmhs.org

TCMHS is an EOE and receives funding from:
Department of Health & Human Services,
United Way agencies, individuals, businesses,
and private funders.



SCHOOL-BASED SERVICES FOR CHILDREN & FAMILIES

School-Based Services

For many children and families, especially in rural areas, transportation can be a challenge. So TCMHS goes to them, offering services right at the school. We offer individual and family counseling and group treatment. As always, confidentiality is a priority.

The framework for our work is trauma sensitive and strength based. Individual assessments and treatment plans are created specific to the child and family.

Eligibility:

Children birth through age 20 who are:

- Experiencing emotional, behavioral, and/or social difficulties.
- Diagnosed with autism, mental retardation, or developmental delays.

Length:

Individual or family sessions are usually hourly sessions once a week and length of treatment is based on treatment goals. Services can be either short term in length or longer.

How to Contact Us

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Fees:

We accept MaineCare and some private insurances on a limited basis, as well as self-payments. In some districts, alternate funding is available for children without insurance.

During summer months, services are provided in schools or at one of our many locations to maintain continuity of care.

Current School Sites

Lewiston Public Schools

Farwell Elementary School
Montello Elementary School
Thomas J. McMahon Elementary School

SAD #52

Greene Central School
Leeds Central School
Leavitt Area High School

SAD # 55

Baldwin Consolidated School
Cornish Elementary School
Fred Morrill Elementary School
Hiram Elementary, South Hiram Elementary School
Sacopee Valley Middle School
Sacopee Valley High School

SAD #61

Crooked River Elementary School
Sebago Elementary School
Stevens Brook Elementary School

SAD #72

New Suncook Elementary School
Molly Ockett Middle School
Brownfield Elementary School
Denmark Elementary School
Snow Elementary School
Fryeburg Academy

SAD # 17

Waterford Elementary School
Harrison Elementary School

SAD #58

Mt. Abram High School

RSU #10

Dixfield Elementary School
Dirigo Middle School
Dirigo High School
Mt. Valley High School

SAD #44

Andover Elementary
Crescent Park Elementary
Telstar Middle and High School
Woodstock Elementary

Rangely Lakes Regional School

What people are saying about school-based services:

I have found that the Tri-County School-based counseling program fills a need that I, as the only guidance counselor in a school of 365 or more students, could not possibly do. Having the ability to refer students with serious needs to a competent professional within the school is helpful to the student, the family, and the school.

**~Jane Lansing, Guidance Counselor
Molly Ockett Middle School**

My experience with the Tri-County school based program has been wonderful. The program keeps me from having to worry about rides to and from appointments, but the greatest benefit has been that the clinician is immediately available to the children in crisis moments. ~ a parent

Tri-County provides an essential level of mental health services for our school. The guidance counselor can handle typical adolescent issues, but our students often need mental health services that their families cannot provide. Without those services, they would not be able to function and succeed at school.

~ Sharon C. Burnell, Principal

Other Services for Children & Families

Children's Case Management
Child Psychiatric Services
In partnership with St. Mary's Hospital
Multi-Systemic Treatment
Children's Crisis
Integrated Primary Care
Adolescent Substance Abuse
Family Drug Court
Trauma-Focused CBT
CBITS – Cognitive Behavioral Intervention for Trauma in Schools
THRIVE – Trauma-Informed System of Care