



November 3, 2009



### TCMHS Board Welcomes Melinda Mackenzie of Lewiston

AUBURN, LEWISTON, BRIDGTON, OXFORD, FARMINGTON, RUMFORD, ME:  
Tri-County Mental Health Services is pleased to welcome Melinda Mackenzie of Lewiston to its Board of Directors. Ms. Mackenzie has been a strong advocate for consumers of mental health services for some time, and is looking forward to representing that voice on the board.

Those who have attended the agency's Inspired Voices Benefit Concert in the spring will recognize her as the poet and sculptor who has shared her work both from the stage and in the art exhibit for the past three years. She says art and poetry help her deal with her severe eating disorder, and that she hopes her experiences in treatment will help her represent consumers on the board as well as encourage others to get involved. Her other volunteer experience includes four years in the high school Pathway Partners Mentoring Program, for which she spoke at the National Community Service Conference.

Tri-County Mental Health Services is Maine's most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders. TCMHS serves over 11,000 individuals each year with innovative programs and services addressing mental health, substance abuse, mental retardation/developmental disabilities, autism, and more. Its philosophy of building toward recovery and sensitivity to traumatic experiences of consumers gives hope to individuals, families, and communities in Androscoggin, Northern Cumberland, Franklin and Oxford counties.

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