



# TRI-COUNTY MENTAL HEALTH SERVICES

*We offer hope*

Referral Line: 1-888-304-HOPE (4673)  
Statewide Crisis Services: 1-888-568-1112  
TTY: 1-888-568-1112  
MAIL TO: P.O. Box 2008  
Lewiston, ME 04241-2008  
[www.tcmhs.org](http://www.tcmhs.org)

## ADMINISTRATION/ OUTPATIENT LEWISTON

1155 Lisbon Street  
Lewiston, ME 04240  
Main Number 783.9141  
Toll Free: 1.800.787.1155

## EMERGENCY & COMMUNITY BASED SERVICES

230 Bartlett Street  
Lewiston, ME 04240  
Main Number 783.4695  
Toll Free: 1.800.550.3427

## SOCIAL LEARNING CENTER

80 Strawberry Ave  
Lewiston, ME 04240  
Main Number 783.4672  
Toll Free: 1.877.208.6134

## COMMUNITY HOUSING

244 Lisbon Road  
Lisbon, ME 04250  
Main Number 353.4100  
Toll Free: 1.877.200.9076

## BRIDGTON

32 No. High Street  
Bridgton, ME 04009  
Main Number 647.5629  
Toll Free: 1.800.286.5629

## FARMINGTON

144 High Street, Ste 1  
Farmington, ME 04938  
Main Number 778.3556  
Toll Free: 1.800.559.3556

## OXFORD HILLS

143 Pottle Road  
Oxford, ME 04270  
Main Number 743.7911  
Toll Free: 1.800.750.7911

## RUMFORD

49 Congress Street  
Rumford, ME 04276  
Main Number 364.7981  
Toll Free: 1.800.371.7981

## WINDHAM

744 Roosevelt Trail  
No. Windham, ME 04062  
Main Number 892.4623

### News Release

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## TCMHS Program for Adolescents Among the Best in Nation

AUBURN, LEWISTON, BRIDGTON, OXFORD, FARMINGTON, RUMFORD, ME:

A recent review of Tri-County Mental Health Services' Multi-Systemic Therapy Program conducted by the Muskie School of Public Service at the University of Southern Maine resulted in high praise. The Correctional Program Assessment Inventory (CPAI) looks at all aspects of the program, including outcomes, communication, culture and satisfaction. According to Lars A. Olsen, Director of Treatment and Intervention Programs with the Maine Department of Corrections, *"very few programs assessed using this instrument achieve a 'VERY SATISFACTORY' result [score] and this places Tri-County's Multi-Systemic Therapy Program amongst the best programs for correctional interventions in the country."*

MST is an evidence-based intensive community/home-based intervention for chronic, violent, or substance abusing youth, ages 12-17. MST views individuals as nested within a complex network of interconnected systems that encompass individual, family and extended factors. Clinicians focus on empowering the caregiver and improving their effectiveness by identifying strengths, developing natural support systems, and removing barriers. MST aims to provide caregivers with the skills and resources they need to independently address the difficulties that arise in raising children and adolescents and to teach youth to cope with family, peer and neighborhood problems.

Tri-County Mental Health Services is Maine's most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders. The agency is celebrating 60 years of giving hope, and today serves over 11,000 individuals each year with innovative programs and services addressing mental health, substance abuse, intellectual/developmental disabilities, autism, and more. TCMHS is a leader in innovative, outcome-oriented services, and its philosophy of building toward recovery and sensitivity to traumatic experiences of consumers gives hope to individuals, families, and communities throughout western and southern Maine. For more information, visit [www.tcmhs.org](http://www.tcmhs.org) or call the referral line at 1-888-304-HOPE(4673).



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