

# Caring for All of You

## *Integrated Primary Care*



Join Us for a *free* Dinner and Discussion

**Tuesday, August 24**

5:30pm

Bridgton Community Center  
15 Depot Street, Bridgton

**Topic: Post-Traumatic Stress Disorder**

Presented by Laurie Cyr-Martel of Tri-County Mental Health Services

Call Jessica Jendrick at **647-6159** to **reserve** your seat!

**We believe that your overall well-being includes emotional, developmental, and physical health. That is why we have partnered with the primary care doctors of Central Maine Medical Group and the Maine Health Access Foundation (MeHAF) to bring our expertise right into the doctor's offices, where we can help care for ALL of you.**

- On-site, real time consultation between medical and mental health providers
- Medical education and consultation i.e. medical rounds by psychiatrists on mental health topics
- Brief, short term, solution oriented treatment & intervention
- Expedited intake for ongoing services in the community
- Community education and involvement—FREE Monthly Dinner & Discussion Meetings featuring topics related to health & mental health services and information you can use to stay well.

**Services are available at**

- **Naples Family Practice**
- **North Bridgton Family Practice**
- **Fryeburg Family Medicine**
- **Bridgton Internal Medicine**
  - **Bridgton Pediatrics**



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