

**Referral line for all
locations
1-888-304-HOPE (4673)**



Tri-County Mental Health Locations:

Androscoggin County

1155 Lisbon St.
PO Box 2008
Lewiston, ME 04241-2008
1-800-787-1155/(207)783-9141

Crisis Services

230 Bartlett St.
Lewiston, ME 04240
1-800-550-3427/(207)783-4695

Franklin County

144 High St., Suite 1
Farmington, ME 04938
1-800-559-3556/(207)778-3556

Cumberland County

32 No. High St./PO Box 170
Bridgton, ME 04009
1-800-286-5629/(207)647-5629

North Windham

744 Roosevelt Trail
North Windham, ME 04062
(207)892-4623

Oxford County

143 Pottle Rd.
Oxford, ME 04270
1-800-750-7911/(207)743-7911

49 Congress St.

Rumford, ME 04276
1-800-371-7981/(207)364-7981

Our Mission

TCMHS is committed to providing the people of Maine with excellence in mental health, substance abuse, habilitation and life skills services, respecting consumer rights, personal dignity and maintaining agency financial stability.

Tri-County Mental Health Services endorses Recovery Based Trauma Informed services, which recognizes two common themes for consumers of this agency: that violence and the resulting trauma are pervasive and should be acknowledged; and there is hope in Recovery.

www.tcmhs.org

TCMHS is an EOE and receives funding from:
the Department of Health & Human Services,
United Way agencies, individuals, businesses, and
private funders.



Community Rehabilitation Services

*Client-centered
Recovery-oriented
Trauma-informed*

*Call us to discuss eligibility &
enrollment.*

1-888-304-HOPE(4673)

Or visit www.tcmhs.org

What is CRS?

Community Rehabilitation Services

This new program offers individuals diagnosed with a serious and persistent mental illness a range of clinical and rehabilitation services to support recovery and independent living in the community. The professional team offers skills development, coaching, support and assistance with symptom management supports. We help participants develop their own support networks, enhancing their ability to live independently.

Who is Eligible?

Services are available to adults diagnosed with a serious and persistent mental illness living in Androscoggin County and nearby communities. It is for people who can benefit from intensive services. *CRS services reimbursed by MaineCare must be medically necessary.*

A checklist of referral criteria is available at www.tcmhs.org

*As defined in MaineCare Section 17 regulations

How does it work?

A team of professionals works together in an integrated and holistic approach, led by a primary case manager from the team.

Services are available 24 hours a day, seven days a week, with guaranteed face to face contact at least once every day.

The team provides education about medications and physical health, to help people stay healthy and independent.

Services are individualized to each person's needs and include combinations of the following:

- § Community Integration Services/Case Management (Section 17)
- § Daily Living Supports
- § Skills Development Services
- § Occupational Therapy

What we believe

The Tri-County Team is committed to providing the most advanced, coordinated care available. We work together to integrate care across different treatment and support services to meet every person's unique needs. Related services at TCMHS are:

- § Psychiatric Services
- § Day Support Services
- § Specialized Group Services
- § Interpreter Services

We believe in empowerment and independence, and seek to provide the least restrictive level of care that supports recovery. Our approach is trauma-informed and recovery-based. To be "Trauma-informed means to know the history of the past and current trauma in the consumer's life. This allows for more holistic and integrated treatment. Our services are welcoming, appropriate, and avoid retraumatization.

Call us to discuss eligibility & enrollment.

1-888-304-HOPE(4673)

60

*Years of
Giving*

Hope